



# Baby Gender : 9 common myths moms can avoid

... and 1 dependable way to get it right!

We've all heard the random comments by the strange lady in the grocery store... "You know you'll have a girl...I can tell by the way you are carrying her."

While these situations can simply be awkward moments with strangers...sometimes you can't help but wonder "is there something to it?" You find yourself looking at your profile after getting out of the shower, and thinking...am I "carrying high?"

What does that even mean? Hmmm...

At **Look How Bigga Me Ultrasound**, we've heard ALL the things and some old wives tales. Some sound crazy, but some sound just scientific enough, we can fall for it. Below we've compiled some of the most common "foolproof ways" to determine your baby's gender. We've also included one 99% accurate technique. So the next time your mother-in-law tells you she dreamt you are having twin girls... you can smile and nod.

1

## Morning Sickness

There is INDEED a bit of evidence suggesting that severe morning sickness is associated with baby girls!

2

## The Ring Test

Although it sounds creative and fun, You have a 50/50 shot at getting your baby's gender right.

3

## Hair and Nails

No, gorgeous hair and strong nails do not mean you are having a boy!

4

## Your baby's Heart Rate

There is no clinical data that supports that female fetuses have a different heart rate than male fetuses.

5

## Heartburn

Some clinical studies have shown a relationship between the severity of heartburn and the amount of hair on your baby's head. However, there is currently no correlation between the amount of heartburn and your baby's gender.

6

## The Drano Test

If you have heard of this test, please don't do it. It's useless and potentially dangerous!

7

## The Shape of Mom's Baby Bump

There is no relationship between the shape of your baby bump and your baby's gender. Or how mom is carrying baby.

8

## Sweet vs. Salty Cravings

Another, fun but inaccurate wives tale.

9

## The Baking Soda Test

Although safer than the Drano test, it's still useless.

10

## Ultrasounds and Blood Tests

Now we're getting somewhere! Ultrasounds are a very accurate way of determining your baby's gender from 15 weeks on. Blood tests that check for the Y chromosome in Mom's blood, is another extremely accurate way from 6 weeks of pregnancy on!